**DATE:** September 9, 2022

**TOPIC: September 2022 Adult Functional Screen Quiz**

**Purpose:** The quiz serves to:

* Provide a user-friendly tool for agency screen liaisons to help screeners improve their overall knowledge of screen instructions and procedures.
* Encourage discussion among screeners in order to arrive at the correct answers.
* Encourage screeners to think about the reason(s) for their selections and compare those with the rationale provided on the answer version of the quiz.

The answers to the quiz questions may not be found verbatim in the [Instructions](https://www.dhs.wisconsin.gov/functionalscreen/ltcfs/instructions.htm) manual or [HRS Supplement](https://www.dhs.wisconsin.gov/publications/p02525.pdf); however, the rationales should be assumed to be correct and we would expect the screeners to arrive at those answers as they apply the information found in those resources.

As always, do not assume any medical conditions, diagnoses, support needs, or deficits are present for any person described in any question. For instance, do not assume any person described has an intellectual disability unless the information provided tells you that the person has that diagnosis.

In addition, a given diagnosis may have variable signs and symptoms and not everyone will have the same signs and symptoms. Screeners should select the level of assistance needed based on need and not solely on a diagnosis. If there are questions on this, please reach out to your liaison who can reach out to [DHSLTCFSTeam@dhs.wisconsin.gov](mailto:DHSLTCFSTeam@dhs.wisconsin.gov), if needed.

This quiz includes a scenario with questions that have been formatted similarly to the scenarios that will be present on the Continuing Skills Test (CST).

**Name:** Maria

**Age:** 36

**Current Verified Diagnoses:** Paraplegia, Constipation, Coronary Artery Disease, Hypertension

Maria lives with her spouse and children in an apartment. She is paralyzed from the waist down as a result of a spinal cord injury that occurred during a motorcycle accident.

She is reliant on a manual wheelchair when moving around her home. She is able to propel it with her arms without any difficulties. She is able to transfer in and out of her bed and chairs independently using her transfer board.

She has a roll-in shower stall with a tub bench. She is able to transfer independently using grab bars. She is able to set the water temperature. She can fully wash with her long-handled sponge and dry herself afterwards. She dresses herself independently while seated with the help of a sock aid and dressing stick.

Maria empties her bladder with a suprapubic catheter. She is independent with irrigating, completing site care, and emptying the bag for her catheter. She needs to go to a clinic to have it replaced once per month. She is able to transfer on and off of her toilet independently holding a grab bar for support. She is able to wipe using a wiping aid. She can also flush the toilet and adjust her clothing independently.

She can reheat foods in her microwave and make simple meals in her crockpot. She needs help to prepare more complex meals using her oven due to safety concerns. She is able to safely transport her plate of food by placing it on her wheelchair tray. She has no difficulties cutting her meals or opening food packaging. She needs help with loading and unloading groceries after she grocery shops because of limited reach due to her paraplegia.

She is able to drive her car independently using hand controls that she had installed to control braking and accelerating. There are no safety concerns with her driving. She would not be able to drive a vehicle without the hand controls due to her physical limitations.

Maria is a stay-at-home mom and is not interested in looking for employment at this time. She is attending a photography course at the local community college because she is interested in becoming a better photographer but is not pursuing a degree or certification.

Maria does not have a cognitive or memory loss impairment. She makes the majority of her decisions independently. She consults with her partner about major life decisions, such as signing up for prescription drug coverage and making larger purchases.

1. What selections should be made on the Diagnoses Table on Maria’s LTCFS?
2. **B6:** Other Disorders of the Metabolic System

**C6:** Hypertension

**C8:** Other Heart/Circulatory Conditions

**D9:** Spinal Cord Injury

1. **B6:** Other Disorders of the Metabolic System

**C6:** Hypertension

**C8:** Other Heart/Circulatory Conditions

**D10:** Paralysis Other than Spinal Cord Injury

1. **B5:** Other Disorders of Digestive System

**C2:** Angina/Coronary Artery Disease/Myocardial Infarction

**C6:** Hypertension

**D9:** Spinal Cord Injury

1. **B5:** Other Disorders of Digestive System

**C2:** Angina/Coronary Artery Disease/Myocardial Infarction

**C6:** Hypertension

**D10:** Paralysis

1. What selection should be made for the **Bathing ADL** on Maria’s LTCFS?
2. 0: Person is **independent** in completing the activity safely
   * + No Adaptive Equipment
3. 0: Person is **independent** in completing the activity safely
   * + Uses Grab Bar(s)
     + Uses Bathtub Bench
4. 1: Help is needed to complete the task safely but **helper DOES NOT have to be physically present throughout the task**
   * + No Adaptive Equipment
5. 1: Help is needed to complete the task safely but **helper DOES NOT have to be physically present throughout the task**
   * + Uses Grab Bar(s)
     + Uses Bathtub Bench
6. What selection should be made for the **Dressing ADL** on Maria’s LTCFS?
7. 0: Person is **independent** in completing the activity safely
8. 1: Help is needed to complete the task safely but **helper DOES NOT have to be physically present throughout the task**
9. 2: Help is needed to complete the task safely and **helper DOES need to be present throughout the task**
10. What selection should be made for the **Mobility in Home ADL** on Maria’s LTCFS?
11. 0: Person is **independent** in completing the task safely

* No Adaptive Equipment

1. 0: Person is **independent** in completing the task safely

* Uses Wheelchair or Scooter in Home

1. 1: Help is needed to complete the task safely but **helper DOES NOT need to be present throughout the task**

* No Adaptive Equipment

1. 1: Help is needed to complete the task safely but **helper DOES NOT need to be present throughout the task**

* Uses Wheelchair or Scooter in Home

1. What selection should be made for the **Toileting ADL** on Maria’s LTCFS?
2. 0: Person is **independent** in completing the task safely

* Uses Toilet Grab Bars/Rails

1. 0: Person is **independent** in completing the task safely

* Uses Toilet Grab Bars/Rails
* Uses Urinary Catheter

1. 1: Help is needed to complete the task safely but **helper DOES NOT need to be present throughout the task**

* Uses Toilet Grab Bars/Rails

D. 1: Help is needed to complete the task safely but **helper DOES NOT need to be present throughout the task**

* Uses Toilet Grab Bars/Rails
* Uses Urinary Catheter

1. What selection should be made for the **Transferring ADL** on Maria’s LTCFS?
2. 0: Person is **independent** in completing the activity safely

* No Adaptive Equipment

1. 0: Person is **independent** in completing the activity safely

* Uses Grab Bars, Bed Bar, or Bed Railing (if used for transferring)

1. 0: Person is **independent** in completing the activity safely

* Uses Transfer Board or Pole

1. 1: Help is needed to complete the task safely but **helper DOES NOT have to be physically present throughout the task**

* Uses Transfer Board or Pole

1. What selection should be made for the **Meal Preparation IADL** on Maria’s LTCFS?
2. 0: Independent
3. 1: Needs help from another person weekly or less often
4. 2: Needs help 2 to 7 times a week
5. 3: Needs help with every meal
6. What selection should be made for the **Transportation IADL** on Maria’s LTCFS?
7. 1a: Person drives regular vehicle
8. 1b: Person drives adapted vehicle
9. 1c: Person drives regular vehicle, but there are serious safety concerns
10. 1d: Person drives adapted vehicle, but there are serious safety concerns
11. What selection should be made for “Are you currently participating in an educational program?” for the **Educational Information** question on Maria’s LTCFS?
12. Yes
13. No

1. What selection should be made on the HRS Table for **Urinary Catheter-Related Skilled Tasks** on Maria’s LTCFS?
2. No Selection (Leave the default selection of N/A)
3. Person is Independent
4. 1 to 3 times/month
5. What selection should be made for **Cognition for Daily Decision Making** on Maria’s LTCFS?
6. 0: Person makes decisions consistent with their own values and goals
7. 1: Person makes familiar or routine decisions, but cannot do so in new situations
8. 2: Person needs help with reminding, planning, or adjusting routine, even with familiar routine
9. 3: Person needs help from another person most or all of the time